

PALMERS RESTAURANT & TAVERN

LUNCH MENU

APPETIZERS

NEW ENGLAND CLAM CHOWDER 7
new england classic, served with oyster crackers

SOUP DU JOUR 6
homemade, changes daily

JALAPENO-GARLIC WINGS 13
house marinated wings tossed in a jalapeno-garlic sauce

WARM SPINACH DIP 11
with artichokes and house chips

POTSTICKERS 11
teriyaki chicken dumplings, sweet soy, chili sauce

SALADS

HOUSE SALAD 8
mixed baby field greens, cucumber, tomato, red onion, house dijon balsamic vinaigrette

CAESAR SALAD 9
chopped romaine, parmesan, caesar dressing, crouton

WEDGE SALAD 10
iceberg, cherry tomato, red onion, chopped bacon, creamy gorgonzola dressing

SALAD ADDITIONS FROM THE GRILL:

chicken 6
salmon 7
shrimp 8
steak tips 9
scallops 10

HONEY BUFFALO CHICKEN SALAD 15
our tenders tossed in honey-buffalo sauce served over romaine salad with ranch dressing

SHRIMP & GOAT CHEESE SALAD 16
grilled shrimp, goat cheese rolled in pine nuts and almonds, mixed greens, lemon-vinaigrette

TACO SALAD 18
grilled steak tips served over our taco salad with iceberg, avocado, cheddar cheese, salsa, spicy sour cream

SANDWICHES AND ENTREES

all sandwiches served with our house made potato chips unless otherwise stated. substitute fries \$2

MAPLE-BBQ CHICKEN SANDWICH 14
grilled chicken with sweet maple bbq sauce, cheddar cheese, bacon, sautéed onion, brioche bun

CALIFORNIA CHICKEN WRAP 14
grilled chicken, bacon, avocado, red onion, cheddar jack cheese, ranch dressing

CHICKEN PESTO SANDWICH 14
grilled chicken, smoked mozzarella, baby spinach, herb roasted tomatoes, brioche bun

SANDWICH OF THE DAY 12
chef's choice, changes daily, served with fries

TUNA MELT 12
tuna salad on open faced sourdough with tomato and swiss cheese

VEGGIE BURGER 12
topped with sautéed mushroom, balsamic-mayo, brioche bun, served with fries

CLASSIC BURGER & FRIES 13.5
add cheddar, american, swiss 1
add bleu cheese 2
add: mushrooms, bacon, caramelized onions 1ea

CHICKEN TENDERS 14
our hand breaded tenders with choice of house made sauces; honey mustard or sweet buffalo sauce, served with fries

FISH AND CHIPS 14
with house remoulade, cole slaw, and fries

FISH TACOS 16
catch of the day, avocado, salsa, lettuce, chipotle-sour cream

PALMERS CRAB CAKES 16
a palmers staple, made with fresh crab meat, served with rice, vegetable, and house remoulade

BAKED HADDOCK 18
baked with seasoned panko breadcrumb, served with rice and vegetable

MAPLE GLAZED SALMON 18
grilled, seasonal maple-dijon glaze, served with rice and vegetable

Please inform your server prior to ordering if a person in your party has a food allergy.

A 20% server gratuity will be added to checks of parties with six or more guests.

The Commonwealth of Massachusetts reminds you that consuming raw or undercooked animal foods may increase the risk of food-borne illnesses.